



## Smell Wonderful & Save \$5.70: Use Essential Oil As Air Freshener or Perfume



Some perfumes are not only expensive but also are hazardous to health. No, they won't cause life threatening diseases. But, they can trigger migraines and allergies. So, what you can do is **purchase your favorite brand of essential oil from a store and mix it with water in a spray bottle.** You can use it as air freshener in your home. This would last for several months.

It would be best to buy essential oils from the store on a day when they have discounts. This would help you save money. And, if you wish to use essential oils as perfume, then mix essential oils into a body mist.

You have to **spend between \$3-\$6** for an average commercial spray. But, you can **make a homemade air freshener within \$0.30 cents.**

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