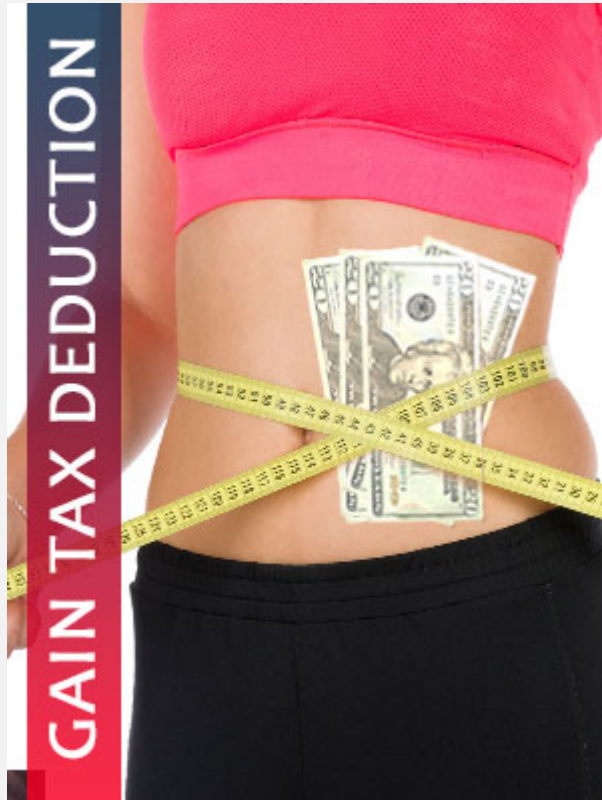




## Drop Pounds to Get More Tax Deductions



Has your doctor asked you to **drop pounds since your current body weight is putting your health at risk?** If so, then request him or her to mention this in the prescription. Once your doctor gives you the updated prescription, you can use it to get tax deductions.

You can deduct the total expense you bear from your income tax to shed pounds. If you enroll in a weight loss program or any other program to treat obesity or tension or cholesterol, then you can qualify for tax deduction.

Just remember, the **total cost should be more than 7.5% of your adjusted gross income.**

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